



🟡 The Flamenco Zapateado Method Vol. 1. Alegrías and Guajira. Rosa de las Heras DVD



25.00 €
27.15 USD

3 languages: Spanish, English and Japanese

Compatible with PAL and NTSC system (all countries)

The Flamenco Zapateado Method is backed up by a doctoral thesis which Rosa de las Heras carried out on the teaching of the flamenco.

Throughout the DVD, on one side we shall see the different parts of the foot used, and the ways to strike the floor which we'll call the **TECHNIQUES** (Sole, half sole, heel block, heel edge, toe, etc.). And on the other side, we shall also see the different rhythms made by using these techniques in different flamenco palos

Also, throughout the exercises we shall simultaneously see the innovative and **specific annotation** used to write the flamenco zapateado, based on the standard Western style.

To facilitate the study and to follow the exercises directly on the screen, additional information is displayed showing to the student the beat, the annotation of both feet, rhythm, etc ..

In order to differentiate the two feet, Rosa de las Heras used each shoe of a different color, so that the student can follow an individual foot easily. In addition, all exercises are shown on the right foot (red) first in the forefront, and then shown in the forefront the left foot (green) so that students clearly can see the movements of each foot.

There are up to eight audio options to help the study: combinations of Zapateado, Guitar, palmas and metronome sounds. In this way the students can practice at home alone with the DVD by selecting the desired audio.

Zapateado + Guitar + Palmas + Metronome
Zapateado + Guitar + Palmas
Zapateado + Palmas + Metronome
Zapateado + Guitar
Guitar + Palmas + Metronome
Guitar + Metronome
Guitar
Palmas + Metronome

Palos:

Alegrías - Guajiras



Artists

Rosa de las Heras

■ Product details:

