



## ○ The Flamenco Zapateado Method Vol. 3. Seguiriyas and Tangos. Rosa de las Heras DVD



**25.00 €**  
26.62 USD

3 languages: Spanish, English and Japanese

**The Flamenco Zapateado Method** is backed up by a doctoral thesis which [Rosa de las Heras](#) carried out on the teaching of the flamenco.

Throughout the DVD, on one side we shall see the different parts of the foot used, and the ways to strike the floor which we'll call the **TECHNIQUES** (Sole, half sole, heel block,, heel edge, toe, etc.). And on the other side, we shall also see the different rhythms made by using these techniques in different flamenco palos

Also, throughout the exercises we shall simultaneously see the innovative and **specific annotation** used to write the flamenco zapateado, based on the standard Western style.

To facilitate the study and to follow the exercises directly on the screen, additional information is displayed showing to the student the beat, the annotation of both feet , rhythm, etc .. This volume shows **Seguiriyas and Tangos**.

In order to differentiate the two feet, Rosa de las Heras used each shoe of a different color, so that the student can follow an individual foot easily. In addition, all exercises are shown on the right foot (red) first in the forefront, and then shown in the forefront the left foot (green) so that students clearly can see the movements of each foot.

There are up to eight audio options to help the study:, combinations of Zapateado, Guitar , palmas and metronome sounds. In this way the students can practice at home alone with the DVD by selecting the desired audio.

Zapateado + Guitar + Palmas + Metronome  
Zapateado + Guitar + Palmas  
Zapateado + Palmas + Metronome  
Zapateado + Guitar  
Guitar + Palmas + Metronome  
Guitar + Metronome  
Guitar  
Palmas + Metronome

### Palos:

Seguiriyas - Tangos

### Artists



Rosa de las Heras

■ **Product details:**

A product detail page for flamenco shoes. On the left is a book cover titled 'Método de Caperceira Flamenco' by Rosa de las Heras, featuring a pair of yellow and red shoes. In the center is a table with technical specifications for the shoes. On the right are two images of the shoes: one showing a pair of yellow and red shoes, and another showing a pair of red and yellow shoes. The table contains the following information:

Modelo	Color	Tamaño	Material	Peso
1	Rojo	36-37	Piel	1,2 kg
2	Amarillo	36-37	Piel	1,2 kg
3	Rojo	38-39	Piel	1,2 kg
4	Amarillo	38-39	Piel	1,2 kg
5	Rojo	40-41	Piel	1,2 kg
6	Amarillo	40-41	Piel	1,2 kg